

DOLORES BENGTON AQUATIC CENTER POOL RULES

GENERAL SAFETY RULES

1. No one allowed in the pool area or swimming unless a lifeguard is on duty.
2. No diving in the shallow pools. Diving permitted only in diving pool, and only from the board.
3. NO RUNNING. No shoving, pushing, or horseplay on decks or in the water.
4. No jumping backwards into any pools.
5. No Water Wings/Arm Floats allowed.
6. Do not call for help unless necessary.
7. Children under eight years. must be accompanied and closely supervised by a responsible adult (16 years or older) while in the Aquatic Center. Only 3 children under 6 yrs allowed per adult.
8. Be aware of pool depths at all times. Stay in water depth appropriate to your ability.
9. A swim diaper is required for all individuals who are not toilet trained.
10. The City of Pleasanton is not responsible for lost or stolen items. Please do not bring valuables.

WATER SLIDE RULES

1. Rider must be 48 inches tall.
2. Riders must have beginner level swimming skills.
3. Pregnant women and persons with heart conditions or back trouble should not ride this slide.
4. Read and obey all posted signs and all instructions given by lifeguards.
5. Food or beverages are not allowed on the tower.
6. Eyeglasses must be securely affixed to riders with head straps.
7. Swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted.
8. Riders must wait for the lifeguard's start signal before beginning the ride.
9. Only one rider permitted on slide flume at a time.
10. Do not run, dive, stand, kneel, rotate or stop on the slide. Never form chains.
11. Slide must be ridden feet first lying on your back (to go faster) or in a sitting position (slower).
12. Keep arms and hands inside the flume at all times.
13. At the end of the slide, obey the lifeguard and exit quickly. Do not block the end of slide.
14. No swimming or floatation devices allowed in splash down area.
15. Rider's weight must not exceed 300 pounds.

DIVING SAFETY RULES

1. No double bouncing on the diving board.
2. Swimmers of questionable ability or under age 6 must pass a swim test. Swim test: jump into 5 ft. of water, level off, swim the width of 25 meter pool with steady forward progress.
3. One person at a time on diving board; one person at a time on ladders.
4. Do not dive until diving area is clear and all persons have reached the side.
5. Swim to the nearest ladder at completion of dive; do not swim under the board.
6. Dives/divers determined by staff to be unsafe not allowed; divers may be denied use of diving board.

GENERAL HEALTH RULES

1. Patrons are encouraged to shower before entering pools. No playing in showers.
2. A regular bathing suit is required.
3. No spitting on the decks, in the water, or in the restrooms.
4. Patrons with bandages, open wounds, sores or infections will not be allowed
5. No alcoholic beverages or drugs or persons under the influence are allowed in aquatic facility.
6. No glass is permitted in the Aquatic Center.

DISCIPLINE PROCEDURE

1. Verbal warning - call attention to the infraction.
2. Patron will be required to sit out of the pool or to pick up litter.
3. Patron will be suspended from the pool a specified length of time without refund; if under 18 years, an attempt will be made to contact parent/responsible adult. Patron may be required to present I.D.

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3. No diving in the shallow pools. Diving permitted only in diving pool, only from the board.
3. NO RUNNING.
4. No jumping backwards into any pools.
5. No Water Wings/Arm Floats allowed.
6. No shoving, pushing, or horseplay on decks or in the water.
7. Do not call for help unless necessary.
11. Children under eight years. must be accompanied and closely supervised by a responsible adult (16 years or older) while in the Aquatic Center. Only 3 children under 6 years allowed per adult.
12. Be aware of pool depths at all times. Stay in water depth appropriate to your ability. If you are responsible for another person, be aware of their abilities and limitations.
13. A swim diaper is required for all individuals who are not toilet trained.
14. The City of Pleasanton is not responsible for lost or stolen items. Please do not bring valuables to the pool.

WATER SLIDE RULES

16. One rider permitted in slide flumes at a time.
17. Rider must be 48 inches tall.
18. Slide must be ridden feet first. Riders must wait for attendant's signal before starting the ride.
19. Keep arms and hands inside the flume at all times.
20. Do not run, dive, stand, kneel, rotate or stop in the slide or on the stairs at any time.
21. Riders must exit the splash area immediately at the completion of their ride.
22. Eyeglasses must be securely fixed to the rider with a head strap

DIVING SAFETY RULES

2. No double bouncing on the diving board.
2. Swimmers of questionable ability or under age 6 must pass a swim test. The swim test is: jump into 5 feet of water, level off, swim the width of the 25 meter pool with steady forward progress.
3. One person at a time on diving board; one person at a time on ladders.
4. Do not dive until diving area is clear and all persons have reached the side.
7. Swim to the nearest ladder at completion of dive; do not swim under the board.
8. Dives/divers determined by the guard to be unsafe are not allowed; divers may be denied use of the diving facilities.

GENERAL HEALTH RULES

1. Patrons are encouraged to shower before entering pools. No playing in showers.
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3. Patron will be suspended from the pool a specified length of time without refund; if under 18 years, an attempt will be made to contact parent/responsible adult. Patron may be required to present correct identification.