

# Youth and Adult Sports

## Adult Basketball League Rules

### RULES AND REGULATIONS

1. **Basic Rules:** 2006-2007 National Federation of State High School Associations rules, except for the following rules established by the City of Pleasanton Recreation department:
  - A. Jump balls will begin each game with subsequent jump ball situations being handled by teams alternating bringing the ball in bounds.
  - B. The three (3)-point field goal will be in effect.
2. **Players:** A team must have eight to twelve (8-12) players on the official roster. Four (4) players are required to start the game. Games may not continue with less than (4) players.
3. **Uniforms:** Jerseys are expected to comply with basic rules; all player's numbers in digits of five or under (front and back). All jerseys should be alike in color. All jewelry must be removed prior to the start of the game.
4. **Equipment:** All players must wear tennis shoes and uniform jerseys (see above)
5. **Timing Regulations:**
  - A. Game time is forfeit time. (Exception: Both team managers and the League Director has agreed upon another arrangement prior to the games start time.
  - B. League games will be played as regulation contests in the event only one (1) official is present.
  - C. The game will be played in halves of twenty (20) minutes, with a running clock.
  - D. National Federation Rules for the clock will be observed the last two (2) minutes of the game, provided there is less than a 15 (15) point difference in the score.
  - E. Five (5) minutes between halves.
  - F. Each team will be allowed two (2) one-minute time-outs per half.
  - G. Referee may stop the clock under unusual situations at their discretion.
  - H. Games tied at the end of regulation time will continue for a two minute overtime period, with rules for the clock observed during the last minute.
  - I. Games tied at the end of one overtime period will result in tie. (Exception: Playoff and Championship games will play through all overtime periods until a winner is determined).

6. **Fouls and Penalties:**
  - A. National Federation of State High School Associations rules will be observed on free throws. The clock will continue to run with the exception of the **Timing Regulations** in (5) above.
  - B. Player is automatically ejected from a game if he receives **two (2) technical fouls**. Ejected player will be suspended from his team's next league. Ejected player must immediately vacate the gymnasium and school grounds or his team will be disqualified. Serious unsportsmanlike behavior may lead to a player or team's removal from the league.
  - C. Any player who receives **four (4)** or more technical fouls during the season will be disqualified from further league play.
  - D. **Three (3)** team technical fouls will result in forfeiture of the game by the offending team.
  - E. Any team receiving more than **six (6)** technical fouls during the season will be disqualified from further league play (and playoffs), and forfeit their league fees.
  
7. **Player Conduct:** Any player ejected from a game for unsportsmanlike conduct (fighting) is automatically suspended for **one (1) year** from the date of ejection. Any player or coach who is dismissed from **two (2) games** during league play will be dismissed from all participation for the remainder of the league, including championship play-offs. If the second ejection occurs at a player's last game, they will not be eligible for the first two (2) games of the next season; regardless of what roster their name may appear on.
  
8. **Forfeits:** A team that forfeits a game for any reason must pay a \$25 forfeit fee to the City of Pleasanton one business day prior to the team's next league game. If that fee is not paid 24 hours before the team's next game, that game is also forfeited.

A team that forfeits **three (3) games** in a season is automatically dropped from the league play for the remainder of that season.
  
9. **Protests:** Any protest must be in writing on the official Intent to Protest form and in the hands of the Sports Supervisor at the Tennis and Community Park no later than 5:00 PM the next business day following the protested game.
  
10. No smoking or alcoholic beverages allowed on school property.
  
11. There is no insurance coverage. Players participate at their own risk.
  
12. Players cannot be participating on a college basketball team or be playing higher in a higher classification league while playing in a Pleasanton recreational level league

**13. Roster Changes:**

- A. The final roster, signed by all players, must be turned into the Recreation office prior to the start of the team's first league game.
- B. A minimum of **three (3)** changes may be made during the first **four (4)** weeks of the season. Rosters will be frozen after the completion of the fourth week of the season.
- C. Roster changes may be made at the gym prior to the start of a league game. Player and manager must complete a Player Addition Form.