

# February 2012

# Pleasanton Senior Center Activities and Special Events

O ♦ P ♦ E ♦ N  
WEEKDAYS, 8:30am– 4:30pm  
Open Thursdays until 8:30pm

| Legend   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |          |          |
|--|---|--|---|--|--|--|----------|----------|
| <ul style="list-style-type: none"> <li>● Amador Adult Education</li> <li>◆ City Class</li> <li>■ Sponsored by the Senior Support Program of the Tri-Valley</li> <li>★ Drop-In Fee<br/>\$1.75 Resident<br/>\$2.25 Non-resident</li> </ul> <p>○ Day Use Woodshop Fees:<br/>\$5.00R/\$6.00N</p> | <ul style="list-style-type: none"> <li>★ Bocce 9:00am-12:00pm</li> <li>○ Drop-in Woodshop, 9:00am-12:00pm</li> <li>★ Bingo 1:00–3:00pm<br/>1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> Mondays</li> <li>Movies: 1:00pm (1st and 3<sup>rd</sup> Monday)</li> </ul>  | <ul style="list-style-type: none"> <li>★ Woodcarvers 9:00am-4:00pm</li> <li>◆ Zumba® Gold 9:00-10:00am</li> <li>◆ Fit For Fifty Plus 10:15-11:15am</li> <li>● Tai-Chi (Beginning) 11:45am-1:00pm</li> <li>● Tai-Chi (Intermediate) 1:10-2:25pm</li> <li>★ Poker 12:45-3:45pm</li> <li>★ American Mah-Jong 1:00-4:30pm</li> </ul> | <ul style="list-style-type: none"> <li>★ Bocce 9:00am-12:00pm</li> <li>○ Drop-in Woodshop, 9:00am-12:00pm</li> <li>■ Fall Prevention Exercise Class 9:00-10:00am (No charge)</li> <li>◆ Zumba® Toning 10:15-11:15am</li> <li>Arts and Crafts Social Club 10:00am-12:00pm</li> <li>◆ Zumba® Toning, 10:15-11:15am</li> <li>★ Bingo 1:00–3:00pm</li> <li>★ Book Club 1:00–3:00pm</li> </ul> | <ul style="list-style-type: none"> <li>○ Drop-in Woodshop, 9:00am-12:00pm</li> <li>Senior Players 10:00am-12:00pm</li> <li>◆ Yoga Intermediate 10:00-11:15am</li> <li>★ Poker 12:45-3:45pm</li> <li>★ Contract Bridge 1:00-4:30pm</li> <li>★ Bunco 6:30-8:30pm</li> <li>★ Woodcarvers 6:00-8:30pm</li> </ul> <p><b>Center open until 8:30pm on Thursday evenings</b></p> | <ul style="list-style-type: none"> <li>★ Bocce 9:00am-12:00pm</li> <li>○ Drop-in Woodshop 9:00am-12:00pm</li> <li>★ Knitting 9:00-11:30am</li> <li>◆ Zumba® Gold 9:00-10:00am</li> <li>◆ Fit For Fifty Plus 10:15-11:15am</li> <li>★ Brain Matters 10:00-11:30am (1<sup>st</sup> and 3<sup>rd</sup> Fridays)</li> <li>★ Bingo 1:00–3:00pm</li> <li>★ American Mah-Jong 1:00-4:00pm</li> <li>◆ Line Dancing (Beg.) 1:30-2:45pm</li> <li>◆ Line Dancing (Intermediate): 3:00-4:15pm</li> </ul> | <p>Pleasanton Senior Center<br/>5353 Sunol Blvd.<br/>Pleasanton, CA 94566<br/>www.pleasantonseniorcenter.org</p> <p><b>(925) 931-5365</b></p> <p>Pam Deaton: Recreation Supervisor<br/>Raymond Figueroa: Rec. Coordinator<br/>Diana Tucker: Recreation Leader<br/>Amy Statham: Recreation Leader<br/>Debbie Petersen: Office Assistant<br/>Julie Parkinson: Office Assistant<br/>Jessica Reaber: RADD Leader</p> |          |          |
| <b>Each Weekday</b>  | <p><i>The Center hosts its annual Transit Fair on Friday, March 16 from 10:00am to 1:00pm in the Main Lobby. Includes representatives from WHEELS, Car Fit Program, ACE Train, and Pleasanton Paratransit. Traditional corned beef lunch can be ordered in advance at the front desk (\$3.50 senior, \$5 for adults).</i></p> |  |   |  | <b>1</b>   | <b>2</b>   | <b>3</b> | <b>4</b> |
| <p>Peddler Shoppe<br/>M-F 10:00am – 4:00pm<br/>931-5371</p> <p>★ Computer Tutoring (by appt.), Drop-in fees apply</p> <p>Lunch served: 12:00pm</p> <p>Laptop computer use w/ Wi-Fi, available at no charge</p>   | <b>6</b>  | <b>7</b>   | <b>8</b>  | <b>9</b>   | <b>10</b>  | <b>11</b>  |          |          |
| <b>Numbers To Know</b>   | <b>13</b>   | <b>14</b>  | <b>15</b>   | <b>16</b>  | <b>17</b>  | <b>18</b>  |          |          |
| <p>Senior Center<br/>8:30am-4:30pm ... 931-5365</p> <p>Paratransit<br/>9:00am-3:00pm ... 931-5376</p> <p>Snappy Café/Lunch<br/>9:30am-1:00pm ... 931-5385</p> <p>V.I.P. Senior Club<br/>&amp; Travel Desk..... 931-5370</p> <p>R.A.D.D..... 931-5373</p>                                     | <p>Footcare: 9:30am-2:30pm (by appt.)</p> <p>Senior Scam Busters Workshop<br/>9:00–10:30am, Main Hall</p> <p>Movie: “Water for Elephants” 1:00pm</p>  | <p><b>Happy Valentine’s Day!</b><br/>Eye Glass Repairs, 10:00am-2:00pm<br/>Coffee and Conversation: 10:30am<br/>“Give Your Heart a Valentine”</p>  | <p>Notary Service<br/>9:00 – 10:30am (by appt.)</p>   | <p>HICAP Medicare Counseling<br/>9:00am–12:00pm (by appt.)</p> <p>Estate Planning Consultation<br/>7:00–8:00pm (by appt.)</p>  | <p>★ Brain Matters<br/>10:00-11:30am</p> <p>Estate Planning Consultation<br/>10:00–11:00am (by appt.)</p>  | <p> Parkinson’s Support Grp.,<br/>10:00am-12:00pm<br/>Woodcarvers: 9:00am-12:00pm</p>   |          |          |
|  | <b>20</b>   | <b>21</b>  | <b>22</b>   | <b>23</b>  | <b>24</b>  | <b>25</b>  |          |          |
|  | <b>27</b>   | <b>28</b>  | <b>29</b>   | <p><i>The AARP sponsored tax assistance program returns to the Center from Friday, February 3 thru Friday, April 13. Appointments are available on Mondays from 11:00am-4:00pm and Fridays, 9:00am-2:30pm. For a tax appointment, please call 931-5365.</i></p>  |  |  |          |          |
|  | <p>Center Closed<br/>for Presidents’ Holiday</p>  | <p>Book Buddies<br/>8:30am</p>   | <p><b>NEW!</b> Fraud Counseling<br/>9:00–11:00am (by appt.)<br/><b>FREE</b> 20 minute consultations with certified fraud specialist Nick Henley</p>   | <p>★ PC User’s Group<br/>10:00am-12:00pm</p>   |  |  |          |          |
|  | <p>VIP Luncheon: 11:00am-1:00pm<br/>Tea Time Social, 1:00-2:30pm</p>  |  |   |  |  |  |          |          |